Name of Center - Helping Hands Christian Learning Center

Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record

Site/Room: Toddler, Preschool, Pre-K and School-age   Chef - Serita Street

Month: April   Year: 2025

Required Components:	Date: 4/7	Date: 4/8	Date: 4/9	Date: 4/10	Date: 4/11
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Cereal Bars Cottage Cheese Peaches	Milk French Toast Sausage Links Fruit Cocktail	Milk Kix, Cheerios Bananas	Milk Sausage Gravy Biscuits Peaches	Milk Banana Muffins Applesauce
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Chicken Strips French Fries Green Beans WW Bread Fruit w/Jello	Milk Chicken Quesadilla Corn Strawberries Blueberries	Milk Chicken spaghetti Corn Garlic Bread Pineapple	Milk Grilled Cheese Tomato Soup Mixed Vegetables Tropical Fruit	Milk Ravioli w/meat sauce Broccoli, cauliflower Dinner Rolls Pears
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Pretzels Cheese Sticks *Graham Crackers	Pizza Rolls Applesauce	Vanilla Wafers Crasins	Apple Crisp Popcorn	Veggie Chips Orange Slices

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains
 **Snack: Serve 2 of the five 5 food components
NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)
Please note any substitutions made to menu
                    Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range

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