

Name of Center - Helping Hands Christian Learning Center

**Michigan Department of Education
Child and Adult Care Food Program
Meal Pattern Child Menu Record**

Site/Room: Toddler, Preschool, Pre-K and School-age Chef - Serita Street

Month: February Year: 2025

Required Components:	Date: 2/10	Date: 2/11	Date: 2/12	Date: 2/13	Date: 2/14
Breakfast 1. Fluid Milk 2. Fruit, Vegetable 3. Grain/Bread or Meat/Meat Alternate* Other:	Milk Belvita Bars Yogurt Fruit Cocktail	Milk French Toast Turkey Bacon Pears	Milk Kix, Cheerios Bananas	Milk Breakfast Casserole Potatoes, Ham, Eggs Cheese Pears	Milk Bagels Cream Cheese Pineapple
AM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread					
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other:	Milk Chicken Sandwich Hamburger Buns Tater Tots Green Beans Tropical Fruit	Milk Walking Tacos Soft Shells Corn Blueberries Strawberries	Milk Chicken Alfredo Broccoli Dinner Rolls Mandarin Oranges	Milk Meatball Subs French fries Peas & Carrots Cantaloupe Honeydew	Milk Ham Sandwich WW Bread Vegetable Soup Fruit Cocktail
PM Snack** 1. Fluid Milk 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain/Bread	Veggie Chips Crasins	Puppy Chow w/sun butter Orange Slices	Graham Crackers Cheese Chunks	Chicken Salad Crackers	Cheese Balls Applesauce

*Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains

**Snack: Serve 2 of the five 5 food components

NOTE: Unflavored whole milk is required for children 12 through 23 months. Unflavored low fat (1 or ½ %) or skim (non-fat) is required for children age 2 through age 5. Milk served to children age 6 years and older and adults must be unflavored low fat (1 or ½ %) or skim (non-fat) or flavored low fat (1 or ½ %) or skim (non-fat)

Please note any substitutions made to menu

Please refer to the USDA CACFP Child Meal Pattern for required component minimum serving sizes for age range